

hydracial

Victoria's

Guide to

HydraFacials

*3 Steps. 30 Minutes.  
The Best Skin of Your Life*

[victorias.com.au](http://victorias.com.au)

  
Victoria's  
COSMETIC MEDICAL CLINIC

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# What is a HydraFacial?

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HydraFacial is an amazing facial treatment technology, specially designed to create radiant, hydrated skin and increase overall skin health. They are one of our most popular treatments at Victoria's and are slowly becoming one of the most popular skincare treatments in the world, with one HydraFacial performed every 15 seconds somewhere in the world!

What makes HydraFacial so special is that they are a 30-minute treatment which create the same results as several less advanced skincare treatments – all with no downtime. This means that after your HydraFacial, you will leave with glowing, dewy skin, rather than the reddened skin you may experience from a more invasive facial treatment.



**“My first HydraFacial™ treatment has blown my mind. My skin is incredibly soft and well hydrated and the tone is far more even. I have never used any other form of exfoliation that has such dramatic results. I’m sold!” - Rachael B.**

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In technical terms, a HydraFacial uses a “medical-grade hydradermabrasion device” which performs a three-step treatment process – cleansing, exfoliating and then infusing the skin with serums. All that in only 30 minutes.

The advanced technology of the HydraFacial device, combined with the potent serums, is what allows it to deliver such an amazing result. Not only does the HydraFacial leave you with radiant, glowing skin, the infusion of serums actively works to improve skin health – helping you to look your best, because the healthier your skin is, the more your complexion is going to improve and the better you will look overall.

In addition to the instantly noticeable results after each treatment, you will experience longer lasting results and further improvements in skin health with a short series of HydraFacial treatments. For maximum results, the team at Victoria’s would recommend getting a HydraFacial every four to six weeks, but even as a one-off treatment, you will leave with radiant and healthier skin.



# Is HydraFacial Right For You?

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HydraFacials can be performed on almost all skin types, including very sensitive skin. Because we have the option to use different serums, use the device at varying intensities, and leave serums on the face for variable durations, the overall treatment is very customisable.

However, if you have any active rashes, sunburns or rosacea, you should hold off on getting a HydraFacial. Additionally, some of the ingredients used during treatment, such as salicylic acid, have not been tested for use during pregnancy. Talk to one of our friendly clinicians at Victoria's, and we could recommend a different treatment option if HydraFacial is not suitable for you.

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**“To my surprise, I noticed a difference in my skin after my first visit. The dark spots were much lighter and my whole face looked moist and glowing. I am so happy because I am getting married next month and my face looks totally different.”** - Carole C.



Every skincare treatment at Victoria's – including HydraFacials, start with a consultation, where, one of our qualified skincare clinicians will work with you to determine your desired results and create a personalised treatment plan to address any of your specific skin concerns.

We love HydraFacials because they can be customised to treat a whole range of skin concerns, with multiple steps in each treatment addressing different areas of skin health.

## HydraFacial is for Everyone

**Paired with expert customisation at Victoria's, HydraFacial addresses all skincare needs**



FINE LINES +  
WRINKLES



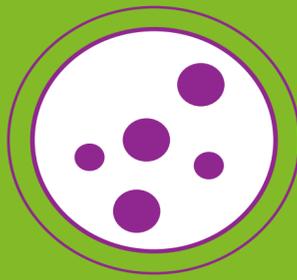
ELASTICITY +  
FIRMNESS



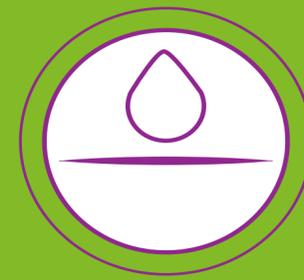
EVEN TONE +  
VIBRANCY



SKIN TEXTURE



BROWN SPOTS



OILY + CONGESTED  
SKIN



ENLARGED PORES

# What Happens During My HydraFacial?

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Only HydraFacial uses patented technology to cleanse, extract, and hydrate. HydraFacial super serums are made with nourishing ingredients that create an instantly gratifying glow in just 3 steps, and in as little as 30 minutes.

## **1. Cleanse + Peel   2. Extract + Hydrate   3. Fuse + Protect**

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**“Since my HydraFacial treatments, I have seen significant improvement with my skin, and received numerous compliments on how nice it looks. My skin is clear, and I no longer have breakouts and problems with my pores. The treatment is simple, relaxing and most importantly, effective.” - Elmina P.**

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### **1. Cleanse + Peel**

*Uncover a new layer of skin with gentle exfoliation and relaxing resurfacing.*

The first step of a HydraFacial is the cleanse and peel, performed using the HydraFacial’s specialised vacuum-based abrasion tip along with a special solution for a much gentler treatment than traditional facial peels or microdermabrasion.

This part of the facial not only deeply cleanses the skin, but also provides a soothing experience and requires no downtime.

During your treatment, a chemical peel blending glycolic and salicylic acids delivers a traditional peel’s benefits without any significant redness or skin scaling after the treatment.



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## 2. Extract + Hydrate

*Remove debris from pores with painless suction.  
Nourish with intense moisturisers that quench skin.*

Following the cleanse and peel, an additional serum is applied which works to deeply hydrate the skin, as the HydraFacial's vacuum-based tip applies gentle suction to extract any debris from your pores without grazing the skin.

This step uses a different treatment tip which is designed to soften sebum, an oily substance produced in your skin, with salicylic acid, to deeply extract blackheads, sebum and any other debris from open pores. Unique to the HydraFacial, this process is performed simultaneously while hydrating serums are infused to deeply hydrate, calm and soothe the skin.

## 3. Fuse + Protect

*Saturate the skin's surface with antioxidants and peptides to maximise your glow.*

Finally, the skin is infused with the special medical-grade skin serum, chock-full of antioxidants and peptides. Because the skin has already been deeply exfoliated, the serum has greater opportunity for penetration into the skin, allowing the clinically proven ingredients to really work their magic on improving skin health. The serum used is specially formulated to even skin tone, firm and tighten, and deeply hydrate the skin.

There are also several alternative serums which can be used to treat a range of specific skin concerns, making HydraFacial a great option for acne, fine lines and wrinkles, evening skin tone, or improving overall skin health.



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## 4. After Your HydraFacial

*Stride confidently from Victoria's with glowing, healthy skin that stays hydrated for days.*

HydraFacial is a non-invasive treatment, so it can be combined with many other treatments at Victoria's to increase your skin health and leave with an even better result.

The smooth, hydrated skin results from your HydraFacial treatment may last five to seven days or even longer, with the long-term health benefits to your skin lasting even longer with consecutive treatments.

We would recommend a HydraFacial every four to six weeks for optimal skin health results, to improve the appearance of fine lines, wrinkles, brown spots, oily and congested skin ... but there are also great benefits to having an occasional HydraFacial, whether it is to prepare for a big occasion, or to just to treat yourself!

**“In addition to the wonderful HydraFacial™, I had the most remarkable result with the combination of the HydraFacial™ and LED red light treatment together. After just one treatment, I could tell a difference around my mouth and chin! It was really amazing and exciting.**

**I have had many treatments including countless kinds of facials, peels, and microdermabrasion, and my favourite is the HydraFacial™ because the changes I see in my skin are longer lasting. I am confident that with time, I can really reverse the “aging” process!” - Betsy B.**



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One of our favourite treatments to combine with a HydraFacial is **LED Light Therapy**, used to stimulate collagen production – activating the skin’s natural repair processes to decrease fine lines and wrinkles and promote healthier skin and a more even skin tone.

LED treatments are also customisable, and Victoria’s offers various treatment options. Red LED light is used to soothe the skin, reduce any inflammation and stimulate cell turnover for skin health and skin tone. Blue LED light is used to target and kill bacteria on the surface of the skin to reduce any problems with acne.

## HydraFacial Perk Serums

Your HydraFacial treatment can also be paired with HydraFacial Perk serums, designed specifically to complement all HydraFacial treatments. There are two Perk serum options:

1. HydraFacial Perk Eye Replenishing Serum

*A refreshing treatment that leaves the delicate eye area toned, firmed and hydrated.*

2. HydraFacial Perk Lip Revitalising Serum

*A revitalising treatment that exfoliates, hydrates and lightly plumps lips.*

These serums target the sensitive eye and lip areas and merge your treatment with a 30-day take-home product which extends the results of your HydraFacial. The Perk serums use patented ‘roller-flex’ technology to:

- Loosen dirt, oil and dead skin cells
- Gently cleanse and hydrate the delicate eye and lip areas
- Deliver antioxidants and nutrients
- Lightly plump lips
- Brighten and refresh eyes



# HydraFacial vs Microdermabrasion

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*HydraFacial and microdermabrasion are skin resurfacing treatments that can remove dead skin cells and impurities from skin. Both deliver dermabrasion to make skin clearer and more radiant.*

HydraFacial uses a process known as hydradermabrasion – which uses water and clinical serums (*hydra*) to gently exfoliate (*abrade*) the outer layer of the skin (*dermis*).

Microdermabrasion includes a wider range of treatments which use an abrasive material consisting of micro-crystals or other material to exfoliate the skin. However, microdermabrasion is harder on the skin, leaving it more prone to redness or inflammation, and due to the lack of other steps, achieves fewer results than a HydraFacial.

Essentially, microdermabrasion treatment consists of a single step which applies deep exfoliation to the skin. This works to gently exfoliate the top layer of skin, removing the layer of dead skin cells to reveal the glowing and fresh skin beneath. This stimulates the elastic tissue beneath the skin's surface, resulting in a healthier skin with a firmer appearance.

A HydraFacial is like Microdermabrasion on steroids! It involves a whole treatment process, all within 30 minutes, which cleans, exfoliates, extracts nasties, and hydrates your skin. This results in glowing and fresh skin which lasts for much longer than a typical microdermabrasion treatment as the skin underneath has been infused with clinical serums as well as stimulated by the cleansing and peeling process.

While microdermabrasion is only one procedure in each treatment session, the distinct steps of a HydraFacial combine various procedures for the best effect. Simply put, microdermabrasion is about improving cell turnover while HydraFacial is about improving overall skin health.



# HydraFacial at Victoria's

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At Victoria's, we offer several HydraFacial treatment options to suit every one of your skincare needs. While these options represent some different options we can provide, we also offer completely tailored treatments for each client to satisfy specific skin needs.

Please do not hesitate to get in touch if you would like more information about our range of HydraFacial treatments. One of our friendly clinicians would be happy to explain the benefits and find the best HydraFacial treatment for you and your skin.



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## Victoria's HydraFacial Options

### **SIGNATURE HYDRAFACIAL**

**30 MINUTES**

**\$180.00**

Full face cleanse, peel, extraction and fusion

### **DELUXE HYDRAFACIAL**

**45 MINUTES**

**\$230.00**

HydraFacial with the addition of Dermabuilder to help reduce the appearance of fine lines and wrinkles

### **CLARIFYING HYDRAFACIAL**

**45 MINUTES**

**\$210.00**

HydraFacial including extended extractions and Blue LED Light Therapy for oily or congested skin

### **PLATINUM HYDRAFACIAL**

**60 MINUTES**

**\$300.00**

The Ultimate HydraFacial Experience – Detox with Lymphatic therapy. Continue with the Deluxe HydraFacial to deeply cleanse and extract and hydrate while addressing specific concerns with a specialty vial of your choice. Treatment concludes with LED Therapy

### **HYDRAFACIAL WITH KLERESCA LED THERAPY**

**45 MINUTES**

**\$300.00**

Full cleanse, peel, extraction and fusion – followed by Kleresca Rejuvenation LED Treatment

### **VICTORIA'S HYDRAFACIAL PACKAGE**

**PAY FOR 6 GET ONE FREE**

**\$1080.00**



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## HydraFacial Perk Lip & Eye Serums

**HYDRAFACIAL PERK LIP SERUM  
ADD-ON** **\$40.00**

**HYDRAFACIAL PERK EYE SERUM  
ADD-ON** **\$50.00**

**HYDRAFACIAL PERK LIP SERUM  
STAND-ALONE** **\$60.00**

**HYDRAFACIAL PERK EYE SERUM  
STAND-ALONE** **\$70.00**

## ZO Skin Health HydraFacials

Note: Must be using ZO products prior to these treatments.

**ZO BRIGHTENING HYDRAFACIAL**  
**45 MINUTES** **\$250.00**

ZO and HydraFacial combine to target pigment related issues to help address dark patches and uneven skin tone.

**ZO ULTRA HYDRATION HYDRAFACIAL**  
**45 MINUTES** **\$250.00**

ZO and HydraFacial combine to specifically target dehydrated skin to restore hydration and provide soothing, cooling and calming comfort.

**ZO ULTRA BOOST HYDRAFACIAL**  
**60 MINUTES** **\$300.00**

ZO and HydraFacial combine to provide all the soothing benefits of the ZO Ultra Hydration Facial plus the added benefits of the stimulator peel.



# Why Choose Victoria's?

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Victoria's Cosmetic Medical Clinic has a team of highly trained clinicians who can provide professional recommendations and a tailored treatment plan for each client. Before your HydraFacial, you will have a consultation with your clinician, who will go through the different alternative serums or options, so you can decide what is best for your skin based on professional advice.

To book your HydraFacial consultation today, please visit our website, or call us to speak to one of expert skincare clinicians.

**6331 0377**

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